

Cohesive teams consistently outperform a collection of individuals. This is because the members of a cohesive team work together toward a shared goal. Instead of competing with one another to further their own careers, team members cooperate and help each other to perform better.

The Building Team Effectiveness programme provides participants with the skills and techniques to help them improve their performance when working in a team, enhance the productivity and communication between team members, and overcome the common challenges that prevent effective team work.

Objectives

- Align individuals and the team with the same goals and values
- Find and build on strengths of team members
- Increase morale and job satisfaction by helping everyone recognise his or her importance on the team
- Discover more effective ways to work together based on shared trust, effective communication and mutual support
- Resolve team conflicts to ensure a win-win relationship
- Renew your team members', and your own, enthusiasm and commitment to excellence

Key Topics

The Value of Teamwork

- Differences between a team and groups of people
- Characteristics of an effective team
- Positive and negative experiences of teamwork

Breaking down Barriers to Teamwork

- Determining factors affecting team performance
- Obstacles to effective teams and how to overcome them

Improving Team Communication

- Ensuring effective team communication
- Building trust and acceptance
- Developing team cooperation and gaining agreements to team decisions

Dealing with Team Challenges

- Facilitating team problem-solving
- Breaking the old paradigm and increasing team potential through creativity
- Team improvement



We provide services in **Teamwork & Managing Change** and other areas of training and development.

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